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## **Biography**

**Jamie G., creator of the current fitness craze, LATIN BLAZE®, received her Bachelor's of Science degree in Exercise and Sport Science from Colorado State University. She is a dance-fitness specialist with over 20 years experience and has danced with the Movement Dance Company. She has been featured on Channel 2 News for her innovative work in the area of dance-based movement. She serves as a Continuing Education Faculty Member for ACE and AFAA and is an ACE certified group fitness instructor. Jamie is dedicated to bringing both consumers and instructors education with her mission of B.L.A.Z.E: Bringing Latin Awareness with Zeal Everywhere! She is passionate about helping all find confidence and a soul-deep revival through dance; thus bringing Freedom, Authenticity and Success into their workout, spreading throughout their lives.**